Curriculum Vitae:

John F Kressler II, MD, PhD, HMD, ND, MS, MA, CTP

Address: 147 Beef Hill Road, Wapwallopen, PA 18660, USA
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Relationship Status: Life Partner: Michele Karchner, ND, BSN, RN
Religion: Roman Catholic



♦*Professional Regulations:*

♦ **Registered Naturopathic Doctor:** Registration Division of Occupational and Professional License, www.dopl.idaho.gov Boise, Idaho, Registration Number 2161570, expiration 11/24/2026

♦ **Certification of Medical Registration:** Dr John Franklin Kressler II, MB, BCh, BAO, The Medical Council Ireland: Registration Number: 228511 from 01/05/2007 to present

♦ **Certified Tribal Practitioner:** Indigenous Healthcare Practitioners Organization, First Nations Medical Board, Last Vegas, NV, Registry Number CTP-20260429, expiration 02/28/2027

Board Certifications and Specialties Credentials:

♦ **Certified Geriatric Care Professional** awarded by **Evergreen Certifications**, Certification Number: 582206, expiration date: 01/08/2027

♦ **Board Certification in Age Management Medicine: Cenegenics Medicine Education Foundation (AMMEF),** Las Vegas, Nevada, USA, two months required to complete, awarded on 06/09/2009, a lifetime credential

♦ *Education:*

♦ **PhD (Doctor of Philosophy)** in Pharmaceutical Sciences, degree equivalent award aka an equivalency degree (GED) • GED criteria paralleled with the **University of Maryland Baltimore School of Medicine**, the **National University of Ireland: University College Dublin School of Medicine** and the **University of Maryland College Park • The University of California in Irvine** • NCES Program course evaluation and assessment examinations • United States equivalency degree evaluation granted • University Tower • 4199 Campus Drive, Suite 550 Irvine, CA 92612, U.S.A. • 04/28/2025 • Certificate of Legalization for the Secretary of State Apostille No. CUD930-04-0925, State of California, County of Los Angeles • 05/21/2025

♦ Didactic and clinical training currently in progress for a **Doctor of Acupuncture and Oriental Medicine (DAOM)** at Acupuncture and Continuing Education (ACE), an accredited provider of the NCCAOM and a **Doctor of Naprapathy (DN**) degree which Laurence V Hicks, DO, DC, HMD has provided hands-on training through the Professional Development Academy. I intend to apply for the **Idaho C.Ac** on completion of remaining work.

♦ **HMD (Doctor of Homeopathic Medicine)** from the **Pan American School of Natural Medicine**, Nevis, West Indies, Completed 225 clock hours in addition to graduate studies and credit for medical school training. August 2019 to February 2025

♦ **ND (Naturopathic Doctor)** degree equivalent award aka an equivalency degree (GED) • GED criteria paralleled the **College of Southern Idaho**, the **National University of Ireland: University College Dublin School of Medicine** and **University of Maryland College Park • The University of California in Irvine** • NCES Program course evaluation and assessment examinations • United States equivalency degree evaluation granted • University Tower • 4199 Campus Drive, Suite 550 Irvine, CA 92612, U.S.A. • 01/03/2025 • Certificate of Legalization for the Secretary of State Apostille No. CUD747-01-2225, State of California, County of Los Angeles • 01/06/2025

♦ **Graduate Studies** in Natural Medicine from the **Pan American School of Natural Medicine**, Nevis, West Indies, graduation April 2025

Courses: Term 1: Physics and Chemistry (60 clock hours), Term 2: Vitalogy (130 clock hours), Term 3: Parasitology and Cancerology (100 clock hours), Term 4: Catalyst Chemistry and Herbalism (55 clock hours), Term 5: Clinical Nutrition (110 clock hours), Term 6: Pathophysiology (100 clock hours),Term 7: Homeopathic Pharmacy (70 clock hours), Term 8: Clerical Medicine (70 clock hours), Internship 7 days in Nevis, Clinical Skills Microbiology and Blood Microscopy (25 clock hours), Capillaroscopy (15 clock hours)

♦ **MD (Doctor of Medicine** degree equivalent award aka an equivalency degree (GED) • GED criteria paralleled the **National University of Ireland, University College Dublin School of Medicine •** Dublin, Ireland • California University FCE and Research • NCES Program course evaluation and assessment examinations • United States equivalency degree evaluation granted • University Tower • 4199 Campus Drive, Suite 550 Irvine, CA 92612, U.S.A. • 09/27/2024 • Certificate of Legalization for the Secretary of State Apostille No. CUD457-10-1724, State of California, County of Los Angeles • 09/27/2024

♦ **MS (Master of Science)** in Pharmacology, Molecular Toxicology and Experimental Therapeutics: **University of Maryland Baltimore School of Medicine**, Baltimore, MD, May 2009

Areas of my research: The role of hormonal therapy and retinoic acid metabolic blockers (RAMBAs) therapy in the treatment of breast cancer with the overexpression of the HOXB7 gene and potential future biological targeted modalities for hormone independent tumours.

Research was conducted in the laboratory of Angela M.H. Brodie, PhD, Professor in Pharmacology, Molecular Toxicology and Experimental Therapeutics. She was an award winner of both the Charles F. Kettering Prize from the General Motors Cancer Foundation (2005) and the Kirk A. Landon Prize from the American Association of Cancer Research (2006). These honors were both bestowed on her because of her exceptional pioneering of basic cancer research contributions in the development of aromatase inhibitors and their use in breast cancer therapy.

♦ **Graduate Studies in MPH (Master in Public Health):** Concentration in Global Health: **University of Maryland Baltimore School of Medicine**, Baltimore, MD May 2009. Completed courses: Biostatistical Methods, Principles of Epidemiology, Ethical Issues of International Research, Health Care Administration and Evaluation, and Infectious Disease Epidemiology.

♦ **MB, BCh, BAO (Bachelor of Medicine, Bachelor of Science, and Bachelor of Obstetrics) (USA MD equivalent) The National University of Ireland**, University College Dublin, School of Medicine and Medical Science, Dublin, Ireland, USA MD equivalent, May 20, 2004

♦ **BS (Bachelor of Science)** in Physiology and Neuroscience: **University of Maryland College Park**, School of Life Sciences, College Park, MD, May 1998

♦ **MA (Master of Arts**) in International Affairs with concentrations in International Political Economy and the European Union: **The American University**, School of International Service, Washington, D.C., May 1996
Thesis: "The Political Economy between the Scandinavian Countries and the European Union"
Other research papers include "European Union's Telecommunication Industry," "The Political Economy of Science/Technology in Germany," and "A Journal of International Political Economy."

♦ **Certificate of Expertise on European Integration**: **The American University**, Center for Research and Documentation on the European Community, May 1996

♦ **BA (Bachelor of Arts)** in Political Science and German with concentrations in World Politics, German History, and European History: **McDaniel College** (formerly, Western Maryland College), Westminster, MD, May 1991
Senior Thesis: "The Human Rights Violations against the Japanese Americans during World War II." Other research papers include "Third World Developing Countries," "Latin America," "Richard Wagner," and "The Banking Systems of Germany and Switzerland" (Written in German).

♦ ***US Military Experience***: Two years in the USA Army ROTC program at McDaniel College, Westminster, MD. I was an Army Ranger and Airbourne Cadet. Training conducted at Fort Meade, MD, 1986-1988

Medical Experiences and Health Care Services:

♦ **Institute Physician** for Cenegenics Medical Institute from December 2009 to present. I performed medical consultations and Age Management Medicine Practice(s) according to Cenegenics's protocol in Age Management Medicine.

♦ **Founder and CEO** of Nordic Health Solutions, LLC, www.nordichealthsolutions.com, October 2009 to present. I distribute health and wellness devices to physicians and clients. On occasion, I assist them with improving their regimens in exercise, nutrition, and supplements.

♦ **Distributor and Trainer for Integrative Medical Devices:** Zotzmann Hyperbaric Multi Pass Ozone Generators, Hemealumen Ultra Violet Blood Irradiation Devices, Weber Endo Laser Devices, Zaizen Trigen EBOO Devices, Promolife Ozone Generators, Oncotherm 2030 Local Hyperthemia Devices, Iratherm 1000 Whole Body Hyperthermia Devices, Hyperbaric Oxygen Therapy Devices, Ultima High Voltage PEMF Ringer Devices, Exercise With Oxygen Therapy Devices, External Counter Pulsation Devices, Whole Body Vibration Platforms, Shockwave Therapy Devices, Multi-Wave Oscillators, Low Level Lasers, Whole Body Red and Far Infra-Red Light Therapy Devices, Asclepius Inhalation Hydrogen Brown's Gas Generators and Fujika Smarty Saunas, Exosomes, Stem Cells, Peptides, Nutraceuticals and Homeopathic Remedies

♦ **German Biological Medicine Medical Tourism**. I took patients to Germany and Switzerland and assisted their care for German Biological Treatments not offered in the USA from 2011 to present.

♦ **Professional Health and Wellness Consultant for Professional Sports Teams**, for example, players on the National Capitals Ice Hockey Team, Ravens Football Team, Commanders Football Team and Professional Strongman Competitors

♦ **Internal Medical Internship** for Ireland's Health Services Executive from January to June 2007. The Internship Scheme was coordinated by the University of Cork's Faculty of Medicine, Cork, Ireland. I worked for two months in Cardiology and two months in Infectious Disease at Cork University Hospital.

I worked my final two months in Geriatrics and General Medicine at the Mallow General Hospital, Mallow, Ireland.

♦ **Operating Room First Assistant** for William G. Armiger, *M.D.*, Plastic and Reconstructive Surgeon, Baltimore, MD, June-August 1999, 2000, 2002, and 2003. I scrubbed in on numerous and varied surgical cases, acting as a surgical assistant and scrub nurse. Occasionally, I functioned as the circulator nurse in the operating room, preparing the instruments and obtaining necessary equipment as requested by the operating surgeon. I also collaborated with anesthesia and assisted in preoperative/postoperative care, plus worked in the Post Anesthesia Care Unit.

♦ **Operating Room First Assistant** for Daniel J. Azurin, M.D., plastic and reconstructive Surgeon, Fort Lauderdale, FL, June-August 2001. Here again, I functioned as a surgical assistant, scrub nurse, circulating nurse, recovery room nurse, and assistant to the anesthetists.

♦ **Surgical Office Director** for the surgical clinic of John F. Kressler, M.D., F.A.C.S., P.A., General Surgeon, Glen Burnie, MD, 1994-1998. I assisted the surgeon with surgical office procedures, such as incision and drainage of abscesses, removal of sutures and staples, wound care, and general patient care. My office responsibilities consisted of responding to patients' questions (both medical and financial), doing billing, following patients' accounts, transcribing office notes, scheduling surgical procedures, and acting as a liaison between Dr. Kressler and North Arundel Hospital, outpatient clinics and other physicians.

Other Professional and Occupational Experiences:

♦ **Foreign Policy Analyst/ Intelligence Officer** for Daiwa Institute of Research, Washington, D.C., February 1993-July1993. I monitored and provided analysis of domestic and foreign markets and governmental events relevant to international affairs, business, and trade for the second largest investment bank, Daiwa Securities, in Japan. That information was then reviewed, discussed, and prepared for dissemination by our director, translated into Japanese, and then distributed to the various other global locations from the company's corporate headquarters in Tokyo, Japan.
♦ **Intern to Delegate Curtis Anderson of the 44th District**, Baltimore City, and Chairperson of the Black Caucus and Minority Affairs, Maryland State Legislature, Annapolis, MD, January 1989-May 1989. I oversaw Delegate Anderson's legislation through the first, second, and third readings, as well as committee hearings and relevant meetings with his constituency.
♦ **Sales Representative** at Georgetown Leather Design, Washington, D.C., May 1992 - August 1992
♦ **Art Consultant** at Martin Lawrence Galleries, Baltimore, MD, August 1991 - February 1992
♦ **Sales Representative** for Britches of Georgetown, Glen Burnie, MD, September 1988 - May 1989

Professional Certificates:

♦ Board Certified in Age Management Medicine, Cenegenics Education and Research Foundation, Las Vegas, Nevada, October 2009 (Total 60 CME)
♦ International IV Nutritional Therapy Global Physician Academy, Certificate in IV Therapy for Naturopathic Medicine, March 2014 (Total 16 CME)
♦ Certificate in Methylation Therapy, Ben Lynch, ND, Founder of Seeking Health, 2014 (Total 8 Clock Hours)
♦ Electrical Acupuncture by Dr. Voll (EAV), Simon Yu, MD, St. Louis, Missouri, August 2016, August 2019, April 2023, and June 2024 (Total 104 Clock Hours)
♦ Internship in German Biological Medicine with Dr.med.Henning Saupe, Founder of the Arcadia Praxis, Bad Emstal, Germany, January 13-25, 2017 (Total 40 Clock Hours)

♦ Neural Therapy Training Certificates from the North American Academy of Neural Therapy by Dr.med. Ralf Oettmeier Founder of the Alpstein Clinic and Richard Nahas, MD, Michael Gurevich, MD, Long Island, NY, 2018 (Total 24 Clock Hours)
♦ Internship in German Biological Medicine with Dr.med Uwe Reuter Founder of the Klinik Im Leben, Greiz, Germany, January 2019 (Total 40 Clock Hours)
♦ DHM (Doctor of Homeopathic Medicine) from the Pan American School of Natural Medicine, Nevis, West Indies, Completed 225 clock hours in addition to graduate studies and credit for medical school training. August 2019 to February 2025 (Total 225 Clock Hours)
♦ Internship in Integrative Medicine and Integrative Oncology with Constatine Kotsanis, MD, Founder of The Kotsanis Institute, Grapevine, TX, August 2019 (Total 40 Clock Hours)
♦ Certificate in Rife Therapy, Jimmy Holman, Owner of Pulsed Technologies, August 2019 (Total 8 Clock Hours)
♦ Internship with Doug Spiel, MD in Regenerative Medicine, Chief Medical Office of Kymera Labs, 2019 (Total 24 Clock Hours)
♦ German Biological Medicine and Sanum Isopathic Therapy, Biomed, Vancouver, British Columbia, Canada, 2024 (Total 20 CME)
♦ Certificate in Capillary Puncture, Edison Institute of Nutrition, Toronto, Canada, 2024 (Total 4 Clock Hours)
♦ Internship with the Weber Medical Laser Weber needle Endo System with Fred Bloem, MD, 2024 (Total 16 Clock Hours)
♦ Live Blood Analysis, Edison Institute of Nutrition, Toronto, Canada, 2024 Introduction to Live Blood Analysis and Advanced Live Blood Analysis twice, February 2024, November 2025 and August 2026 (Total 57 Clock Hours)
♦ Live Blood Analysis, Dr. Okker Botha, Neogenesis Systems, Johannesburg, South Africa, Certificate in Live Blood Analysis and the Oxidative Stress Test and Live and Dried Blood Analysis Advanced Training Course, 2024 and 2025 (Total 240 CEU)
♦ Internship in Ozone Therapies with Robert Rowen, MD and Terri Su, MD, Training in ozone theory, joint injections with prolozone, Major Auto Hematherapy, 10 pass Hyperbaric high dose blood ozone therapy, Ultraviolet Blood Irradiation, Chelation, IV natural medicine protocols, neural therapy, local pain blocks, PEMF, Hyperthermia, and HBOT. March 17-21, 2024 (40 Clock hours and September 23-27, 2024 (Total 80 Clock Hours)
♦ Certificate of Recognition in Ozone in Dentistry: Carlos Nogales, DDS from Inland Institute of Aesthetic Dentistry, November 2024 (8 CME)
♦ Certificate of Recognition in Medical Ozone Workshop: Dennis Harper, DC from Inland Aesthetic Dentistry, November 7, 2024 (8 CME)
♦ Certificate of Recognition in Ozone Research Presentation: Jim Bridge, DVM from Inland Aesthetic Dentistry, November 7, 2024 (8 CME)
♦ Certificate of Recognition in Ozone in Medicine: Robert Rowen, MD from Inland Aesthetic Dentistry, November 8-9, 2024 (16 CME)
♦ Certificate of Recognition in Ozone in Dentistry: Phil Mollica, DDS from Inland of Aesthetic Dentistry, November 8-12, 2024 (16 CME)
♦ Completed instruction in Medical Acupuncture with Professional Development Academy, Twin Falls, Idaho, December 2024 (Total 120 Clock Hours)
♦ Certificates in Autonomic Response Therapy 1, 2 and 3, The Klinghardt Institute, 2024 and 2025 (Total 36 CEU)
♦ International IV Nutritional Therapy Global Physician Academy, Certificate in Heavy Metal Toxicology, 2025 (Total 12 CME)
♦ Certificate of Satisfactory Completion of a Naturopathic Doctor Curriculum from College of Southern Idaho, January 2025 (160 Credit Hours)

♦ Completed instruction in Naprapathic Medicine with the Professional Development Academy, Twin Falls, January 2025 (Total 120 Clock Hours)
♦ Internship in Integrative Nutrition with Keith Scott-Mumby, MD, PhD, 2014 (16 Clock Hours)
♦ Naprapathic Certificate from the Professional Development Academy, Twin Falls, ID, January 2025 (Total 120 Clock Hours)
♦ Certificate of Achievement in Pharmacognosy, Pan American School of Natural Medicine, January 2025 (Total 50 Clock Hours)
♦ Certificate of Achievement in Herbal Materia Medica Seminary, January 2025
♦ Certificate of Achievement in Homeopathy, The Essentials, Pan American School of Natural Medicine, January 2025 (Total 25 Clock Hours)
♦ PESI Certificates of Successful Completion for the Certificate for the Certified Geriatric Care Professional: Management of Heart Failure in the Older Population (2 Credits), Caring for the LGBTQ Older Adults (1 Credit), Drug Prescribing and Deprescribing in Older Adults (1.5 Credits), Older Adults with Pain: Most Effective Pharmacologic and Non-Pharmacologic Therapies (1 Credit), Keeping Patient Off the Floor: Identifying Fall Risk and Preventing Falls in Aging Adults Throughout the Continuum of Care (1 Credit), Empowering Geriatric Patients (1 Credit), Normal Cognitive Aging, Mild Cognitive Impairment, or Alzheimer's Diseases: How to Tell the Difference and Why it Matters (2 Credits), Geriatric Transitions of Care: Comparing Home Health, Assisted Living Communities and Skilled Nursing Facilities (2 Credits), Effective Geropsych Behavioral Interventions for Older Adults with Cognitive Disorders (2 Credits), Assessments Matter: Getting to the Core of Geriatric Care (1.5 Credits), Ethnogeriatrics: Cultural Competence for Health Care Professionals (1 Credit), Documentation Hazards for Geriatric Patient Care: Minimal Care Expectations and Regulatory Standards (1.75 Credits), Elder Law: Advanced Care Planning, Elder Abuse, and Professional Malpractice (2 Credits), End of Life: Palliative and Hospice Care Benefits (2.0 Credits), Documentation Hazards for Geriatric Patient Care: Minimal Care Expectations and Regulatory Expectations (1.75 Credits), Empowering Geriatric Patients (2 Credits), Effective Geropsych Behavioral Interventions for Older Adults with Cognitive Disorders (2 Credits), Patient Centered Care-Re-examine Psychosocial Dynamics (1 Credit), Wheelchair Evaluations and the Geriatric Population (2 Credits), Geriatric Pharmacology: Provide Optimal Pharmacotherapy (1 Credit), Vaccine Preventable Diseases in the Older Adults (1 Credit), Nourishing the Older Adult: Challenges and Controversies (1 Credit), Brain Changes: Distinguishing Between Aging, Dementia and Depression (2 Credits), and Dementia: New and Improving Treatments (1 Credit): January 2025, Total 24.5 Credits
♦ Certificate of Achievement in Homeopathic Materia Medica, Pan American School of Natural Medicine, February 2025 (100 Total Clock Hours)
♦ Certificate from the American Academy of Stem Cell Physicians in "Chronic Diseases Prevention and Management Seminar: Amplifying Stem Cell Therapy: The Role of Ozone and Methylene Blue in Joint" February 19, 2025 (Total 1 CME)
♦ Eighth Annual Spring Scientific Session: The American Academy of Stem Cell Physicians, March 2025 (Total 20 CME)
♦ Certificate from the American Academy of Stem Cell Physicians in "Chronic Diseases Prevention and Management Seminar: Cellular Regeneration and PRP, And How to Grow a Successful Practice" March 26, 2025 (Total 1 CME)
♦ Systemic Family Constellation Workshop
♦ Training with William Vickers, MD in Lyme Disease treatments with Weber Endo Laser, Arnold, MD February 2-8, 2026 (Total 8 Clock Hours)
Movement of the Souls: Restoring the Flow of Love, Facilitated by Michael Gurevich, MD, Long Island, NY, May 4, 2025 (Total 8 Clock Hours)
♦ Neural Therapy Training: Head and Neck Injections: Facilitated by Michael Gurevich, MD, Long Island, NY, December 6-8,2025 (Total 24 Clock Hours)

♦ Homeopathic and Integrative Medical Training, June 15, 2025 to July 6, 2025 (Total 160 Clock Hours) with Laurence Hicks, DO, HMD, MD(H) in Twin Falls, ID. I worked extensively with patients in Homeopathic, Naturopathic and Chelation IVs, Acupuncture, General Allopathic Practice and Naprapathy treatments.
♦ Homeopathic and Integrative Medical Training, June 22, 2026 to July 17, 2026 (Total 160 Clock Hours) with Bruce Fong, DO, HMD in Reno, NV and July 20,2026 to July 24, 2026 (Total 40 Clock Hours) with Michael Gerber, MD, HMD & Sean Devlin, DO, HMD in Reno, NV. I worked extensively with Lyme Disease, Cancer, and Chronic Disease patients using a variety of modalities in diagnoses and treatments, for example with IV therapies and IV Chelation, Neural Therapy, EAV, VEGA analysis and Darkfield Live Blood Analysis.
♦ Moonshots Longevity and AI Conference, hosted by Peter Diamandis, MD, MS in Los Angeles, CA, 09/25/2026 (Total 12 Clock Hours)

Total Clock Hours: 2,279.5 CME/CEU/Credits/Clock Hours

Publications and Written Works:

Hicks, Laurence V, Hicks Geoffrey N, and Kressler II, J: "The Evolution of the Idaho Chiropractic Profession," The American Chiropractor, July 2020, p38-45.

Professional Affiliations:

♦ North American Academy of Neural Therapy
♦ American Academy of Stem Cell Physicians
♦ Age Management Medical Group
♦ American Academy of Anti-Aging Medicine Association
♦ American Academy of Clinical Toxicology
♦ American Academy of Environmental Medicine
♦ American Academy of Ozone Therapy
♦ American Board of Integrative Holistic Medicine
♦ American Board of Toxicology
♦ American College of Advancement in Medicine
♦ American College of Homeopathy
♦ American College of Preventive Medicine
♦ American College of Sports Medicine
♦American College of Lifestyle Medicine
♦ American Holistic Medical Association
♦ First Nations Medical Board, Las Vegas, NV
♦ Integrative Healthcare Symposium
♦ Integrative College of Integrative Medicine
♦ International Academy of Biological Dentistry and Medicine
♦ International Academy of Oral Medicine and Toxicology
♦ Irish Medical Organization
♦ Medical Science Liaison Society
♦ Ozone Therapies Group
♦ Society of Toxicology and National Capital Area Chapter
♦ SMOCH (Sacred Medical Order of the Church of Hope's School of Natural Medicine)

Language Skills:

♦ Primary and preferred language is English
♦ Comfortable in Swedish and German
♦ Working knowledge of Italian, Polish and Medical Spanish
♦ Rudimentary skills in French, Icelandic, and Korean

Recreational Activities:

♦ Second Dan Black Belt in Hap Ki Do, International Hap Ki Do Federation, Headquarters, Seoul, South Korea
♦ Second Dan Black Belt in World Tae Kwon Do Federation Tae Kwon Do, Kukiwon certified, Headquarters, Seoul, South Korea
♦ Red Belt in Dae Han Kumdo, US Hwa Rang Kwan Dojang via the Korea Kumdo Association, Headquarters, Seoul, South Korea
♦ Black Belt team member of both the ITF and WTF National Irish Tae Kwon Do Team.
♦ Power lifting, Olympic Lifting and Strongman Training
♦ Tennis, Cross Country and Alpine Skiing
♦ Classical piano, oboe and trumpet